

| <b>RGSHW Swimming Records</b> |                                   |
|-------------------------------|-----------------------------------|
| <b>Junior (Y7-8)</b>          |                                   |
| 100m IM                       | Daniel Grachev<br>1.22.45(2024)   |
| 50m Backstroke                | Ethan Williams<br>42.00 (2023)    |
| 50m Breaststroke              | Daniel Grachev<br>41.07 (2024)    |
| 25m Butterfly                 | Thomas Grove<br>18.78 (2024)      |
| 50m Freestyle                 | Benjamin McDougal<br>30.54 (2020) |
| 4x50m Medley Relay            | 2.22.31 (2018)                    |
| 4x50m Freestyle Relay         | 2.27.38 (2024)                    |
| 4x25m Medley Relay            | 1.19.09 (2023)                    |
| 4x25m Freestyle Relay         | X                                 |
| <b>Inter (Y9-10)</b>          |                                   |
| 100m IM                       | Luke Poulton<br>1.01.37 (2022)    |
| 50m Backstroke                | Luke Poulton<br>28.83 (2022)      |
| 50m Breaststroke              | Luke Poulton<br>33.14 (2022)      |
| 50m Butterfly                 | George Cornford<br>29.72 (2024)   |
| 50m Freestyle                 | Oren Staines<br>27.20 (2022)      |
| 4x50m Medley Relay            | 2.09.18 (2018)                    |
| 4x50m Freestyle Relay         | 1.55.72 (2018)                    |
| 4x25m Medley Relay            | 1.06.29 (2024)                    |
| 4x25m Freestyle Relay         | 54.31 (2020)                      |
| <b>Senior (Y11-13)</b>        |                                   |
| 100m IM                       | Luke Poulton<br>58.36 (2024)      |
| 50m Backstroke                | Luca Staines<br>29.45 (2021)      |
| 50m Breaststroke              | Michael Grachev<br>29.48 (2024)   |
| 50m Butterfly                 | Jan Poulton<br>26.83 (2021)       |
| 50m Freestyle                 | Oren Staines<br>24.66 (2024)      |
| 4x50m Medley Relay            | 1.54.65 (2022)                    |
| 4x50m Freestyle Relay         | 1.41.78 (2024)                    |
| 4x25m Medley Relay            | 51.13 (2024)                      |
| 4x25m Freestyle Relay         | 51.45 (2021)                      |